

Unsubscribe

Like



An Turas

TABLE OF CONTENTS

- » [Journey of Illumination](#)
- » [Local groups](#)
- » [Reflection](#)
- » [Monthly Marley Meeting](#)
- » [Upcoming Events](#)
- » [Recent Events](#)
- » [Upcoming Roadtrips](#)



Journeying Together

Dear {First Name},

Welcome to the "Male Journey" – December 2017. Here are some thoughts for you to ponder... and maybe to go out and live, if it resonates with you...

In Other News:



**Do you have time for
Meditation or Yoga?**

Anam Wellness Centre
(run by John O'Flynn)
hold daily and weekly
yoga and meditation
sessions at their centre in
Tallaght.

For more details visit
anamwellnesscentre.com

M.A.L.E.s Kildare

M.A.L.E.s Kildare
continue to meet on the
last Tuesday of the month
in Ballycane Church in
Naas. The next meeting is
on Tuesday the 23rd
January 2018. Doors
open at 7:15pm. For
further information email
Gerry at

maleskildare@gmail.com

Christmas?



Christmas comes but once a year they say. It has become almost a universal celebration now. In the Western Secular World, however, it has morphed again into a pagan festival - the Winter Holiday. So, now the Politically Correct are more comfortable wishing each other a "Happy Holiday" rather than "Happy Christmas".

In Donald Trump's America there has been a backlash among some to this, so much so that The President has explicitly said he wishes the

people a Merry Christmas. To emphasise this he has repeated the point a number of times in the past couple of weeks. He is of course correct. Why? Because what we are celebrating is Christmas. Simple isn't it?

Deep down in us here in Ireland, and indeed in Europe, we know what Christmas is. We are not confused. It is a celebration of the Christ event. It does not cause offense.

We know that at this time the pubs will be full. Friends will come home from far away, families gather. There will be meeting, greeting and eating a plenty. There will be giving and receiving and joy in the heart of cold damp Winter.

My son will be up on a bike for his annual charity cycle with maybe fifty young men, (many with hang overs!) very early on Christmas morning. My friends will be in the RDS serving hundreds of meals to the homeless before heading home for their own Christmas dinners. Hundreds of young volunteers will queue up there to collect take away dinners and bring them all over the Dublin area to the poor and the house bound. So many volunteers come forward annually that they now have to be registered in October and many are turned away. There is more "giving" than can be catered for. The Salvation Army will be in and out of the pubs too! And they will be well received as they

Circle of men - Belfast

The Circle of Men - Belfast continue to meet in the Pathfinder Hut, Ardnavally outdoor centre. For more information email Jonny misterjonny@aol.com

Next meeting is the 21st December.

rattle their collection boxes. There will be carol singing and collecting. Partying will go on and we will be merry! So in full unabashed confidence I say...

HAPPY BIRTHDAY JESUS!..... Happy CHRISTMAS to you {First Name}

Gerry Fagan.
Naas Group.

We hope that you can join us on this journey!

Reflection:



No matter where you are this Christmas {First Name}, keep the home fires burning and try if you can to take a moment to savour all the beauty this time

brings. Try and concentrate on the "REAL" things that bring you more home to yourself and allow that true peace to enter in.

Monthly Marley Meeting - Saturday 16th Dec.

Our regular gathering takes place on the 3rd Saturday of each month (starting at 10am with a cuppa and biscuits) and is open to all men. Men are invited to join us in this space to sit and share their stories with other men in a safe, confidential and supportive environment.



All men are welcome. Men of faith and no faith, married or single and of any sexual orientation.

Why not join us!

Follow this link for directions; [Monthly Marley Meeting](#)

Upcoming Events:

M.A.L.E.s Ireland roadtrips:

After our inaugural roadtrip to Sligo we are planning many more for the new year beginning in January with North Dublin. Date and venue TBC but we will send out an email when this is finalised.

The roadtrips have a threefold purpose,

1. To tell people about M.A.L.E.s itself
2. To inform people about the RITES
3. To see the feasibility of setting up a local M.A.L.E.s group

If you would like a roadtrip in your county drop us an email and you will be put on the list. Include contact details and one of the communications elders will be in touch to help out with any queries you may have and to offer whatever support is required to make this a reality.

So far we have interest from Cork, Waterford and Kerry.

Video on men speaking about the RITEs:

Before the January 2018 edition of the newsletter the new video on men speaking about the Men's Rite of Passage (MROP) will be posted on the website. In it you will hear their experience of the MROP so keep an eye out for it.

Self Ownership / Personal Development:

Ian McNeill is delivering another course in Self Ownership / Personal Development which is starting on 17th January 2018 and runs for eight Wednesdays from 6:30pm - 9:30pm in Wicklow St., Dublin 2. See the link below for booking, information, contact details and testimonials from previous participants

<https://goo.gl/6KXHGD>

Journey of Illumination beginning January 2018:

January 2018 will see the beginning of the Journey of Illumination. At each consecutive monthly Marley meeting we will be exploring one of the five touchstones of the JOI as listed below.

- **January** - [*Centering*](#) – we are men grounded in the power of the here and now (e.g. your regular spiritual practice).
- **February** - [*Gathering*](#) – we are men who listen deeply to each other's stories (e.g. your engagement in men's groups and networks).

- **March** - [Connecting](#) – we are men who choose another to walk with shoulder to shoulder (e.g. mentoring, coaching and spiritual guidance).
- **April** - [Releasing](#) – we are men who let go of the ways that no longer serve us (e.g. letting go, times in silence and rituals).
- **May** - [Serving](#) – we are men who honour the earth and serve the whole human community (e.g. your service to others).

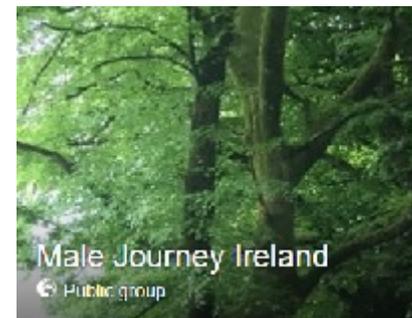
We will also be introducing different types of practices to go deeper into the Journey of Illumination.

Visit the JOI page for more details by clicking [here](#)



To you {First Name}

If you have any upcoming events that you would like us to place here email info@malejourney.ie



To stay informed on issues

affecting men and to share
inspirational ideas, why not follow
us on Facebook?

A young man who cannot cry is a savage

An old man who cannot laugh is a fool

Click here to [unsubscribe](#) from this newsletter

www.MaleJourney.ie